

IIRSM DSE Risk Assessment

Description

This 2-day Display Screen Equipment Risk Assessment (DSE RA) course teaches delegates how to conduct suitable & sufficient DSE RAs within their departments. Delegates learn how to identify potential sources of musculoskeletal harm related to the use of DSE, to match solutions to those risks and to record their findings. This IIRSM-approved course, delivered by experienced ergonomists, introduces current thinking on office ergonomics issues and products, and teaches delegates to evaluate their suitability for DSE users.

Depending on your need, we either provide you with all materials to establish a DSE RA process or we train delegates to use your current process effectively and familiarise delegates with your DSE RA process.

Aims

Delegates will be able to conduct full DSE RAs within their organisation.

Objectives

Delegates will:

- Sufficiently conduct DSE assessments, identify problems, recommend appropriate actions and record the DSE assessment
- Learn to recognise complex musculoskeletal conditions that may affect DSE users
- Recommend appropriate adjustments to existing equipment and work patterns, which directly relate to risks identified
- Correctly identify suitable DSE equipment, based on the risks to the user's musculoskeletal system
- Effectively provide advice on implementing new forms of DSE and supplementary equipment

Duration 2 days

Modules

- DSE Regulations
- Risks associated with DSE use
- Anatomy, posture and injury
- Workstation components and their use
- Sit-stand desks
- Specialist equipment
- Recording DSE risk and control measures

