



IIRSM Manual Handling Risk Assessment

Description

This 2-day Manual Handling Risk Assessment (MHRA) course trains delegates to conduct suitable and sufficient MHRAs within their departments. This IIRSM-approved course, delivered by experienced ergonomists, introduces delegates to an ergonomics approach to manual handling risk assessments and the identification of relevant control measures.

Depending on your need, we either provide you with a MHRA form and train delegates to use it to record MHRA risk or we use your form and familiarise delegates with your MHRA process. This course also introduces delegates to the current HSE toolkits (MAC, RAPP and ART) to supplement their risk assessments.

Aims

Delegates will be able to conduct manual handling risk assessments within their organisation.

Objectives

Delegates will:

- Understand the law relating to manual handling
- Know when to carry out risk assessments
- Know what to look for and how to record findings
- Be able to suggest ways to reduce risk
- Understand the wider risk assessment process

Duration 2 Days

Modules

- Health and safety law
- Anatomy and posture
- How the body can be injured
- Risk assessment process
- Prioritisation
- Carrying out risk assessments
- Risk reduction measures
- MAC, RAPP and ART
- Managing the risk assessment process



Human Applications
The Elms, Elms Grove
Loughborough, Leicestershire
LE11 1RG, UK



01509 211866
enquiries@humanapps.co.uk
www.humanapps.co.uk



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